

Weight Conversion Table

The Imperial weights shown are approximate conversions of the metric weight.

Metric	Imperial
8 g	= 1/4 oz
15 g	= 1/2 oz
20 g	= 3/4 oz
25 g	= 7/8 oz
30 g	= 1 oz
45 g	= 1 1/2 oz
50 g	= 1 3/4 oz
55 g	= 2 oz
75 g	= 2 1/2 oz
85 g	= 3 oz
100 g	= 3 1/2 oz
115 g	= 4 oz
125 g	= 4 1/2 oz
140 g	= 5 oz
150 g	= 5 1/2 oz
170 g	= 6 oz
175 g	= 6 1/2 oz
200 g	= 7 oz
210 g	= 7 1/2 oz
225 g	= 8 oz
250 g	= 8 1/2 oz
255 g	= 9 oz
275 g	= 9 1/2 oz
285 g	= 10 oz
300 g	= 10 1/2 oz
325 g	= 11 oz
350 g	= 12 oz
375 g	= 13 oz
400 g	= 14 oz
425 g	= 15 oz
450 g	= 1 lb
550 g	= 1 1/4 lbs
675 g	= 1 1/2 lbs
700 g	= 1 2/3 lbs
800 g	= 1 3/4 lbs
900 g	= 2 lbs
1 Kg	= 2 1/4 lbs

1.35 Kg = 3 lbs
1.5 Kg = 3 1/2 lbs
1.8 Kg = 4 lbs
2 Kg = 4 1/2 lbs
2.3Kg = 5 lbs
2.5 Kg = 5 1/2 lbs
2.7 Kg = 6 lbs
3 Kg = 6 1/2 lbs
3.2 Kg = 7 lbs
3.5 Kg = 8 lbs
4 Kg = 9 lbs
4.5 Kg = 10 lbs
5 Kg = 11 lbs
5.5 kg = 12 lbs
6 Kg = 13 1/4 lbs
6.5 Kg = 14 1/3 lbs
7 Kg = 15 1/2 lbs
7.5 Kg = 16 1/2 lbs
8 Kg = 17 2/3 lbs
8.5 Kg = 18 3/4 lbs
9 Kg = 20 lbs
9.5 Kg = 21 lbs
10 Kg = 22 lbs